



Move More, Together

***Walktober* is a 31-day walking challenge designed to help you move more each day.**

- The goal is to collect 20 leaves during the 31-day challenge.
- The challenge is open to all employees, retirees and their immediate family members.
- Join a team for camaraderie and friendly competition.
- The top team and 25 randomly drawn participants who met the goal will receive Fitbits watches or scales.
- Important dates:
 - Registration begins: 9/21 Registration ends: 10/11
 - Program begins: 10/5 Program ends: 11/4

Scan the QR Code
to register

